

Are you fit to work?

Employee Screening Questions



Ask yourself these questions everyday before arriving at work. They will help decide if you are fit for work during the COVID-19 pandemic.

If you answer “YES” to any of the questions below, do not report to work, contact your supervisor and complete the Alberta COVID-19 Self-Assessment Tool.

If you answer “NO” to the questions below, you can proceed to work.

Are you experiencing any of these symptoms?



Fever (greater than 38 degrees Celsius), cough, difficulty breathing, sore throat, runny nose

Yes

No

OR experiencing any of the new symptoms identified by AHS as of May 4, 2020?



Chills, painful swallowing, stuffy nose, headache, muscle or joint pain, feeling fatigued or exhaustion, nausea, vomiting, diarrhea, unexplained loss of appetite, loss or sense of smell or taste, or pink eye

Yes

No

In the last 14 days have you returned from travel outside of Canada?

Yes

No

In the last 14 days have you had close contact* with someone who is confirmed as having COVID-19?

Yes

No

* Close contact includes providing care, living with or otherwise having close prolonged contact (within 2 meters/6 feet) while the person was ill, or contact with infectious bodily fluids (e.g. from a cough or sneeze) while not wearing recommended personal protective equipment (PPE).

